

K. Beck

BUMP...SET.....SPIKE! Megan Diffin records a kill against Mt. Pleasant Sacred Heart. The score helped the Bears to victory 15-3.

CONCENTRATION Annette Cermak is completely focused on setting the ball for fellow teammate, and sister, Jill Cermak. "We've spent the last three years together as an individual team and now it will be just like starting over for me and the other players," stated Annette.





ARCHERY PRACTICE? Afraid not. Just a personal technique Hillary Gilbert uses when spiking the ball. "Spiking was kinda' hard after I gimped out the right side of my body, but I still feel I did my part to bring power to the team," stated

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15,15	Flint Valley	10,5	星
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7,10	Fowler	15,15	X
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